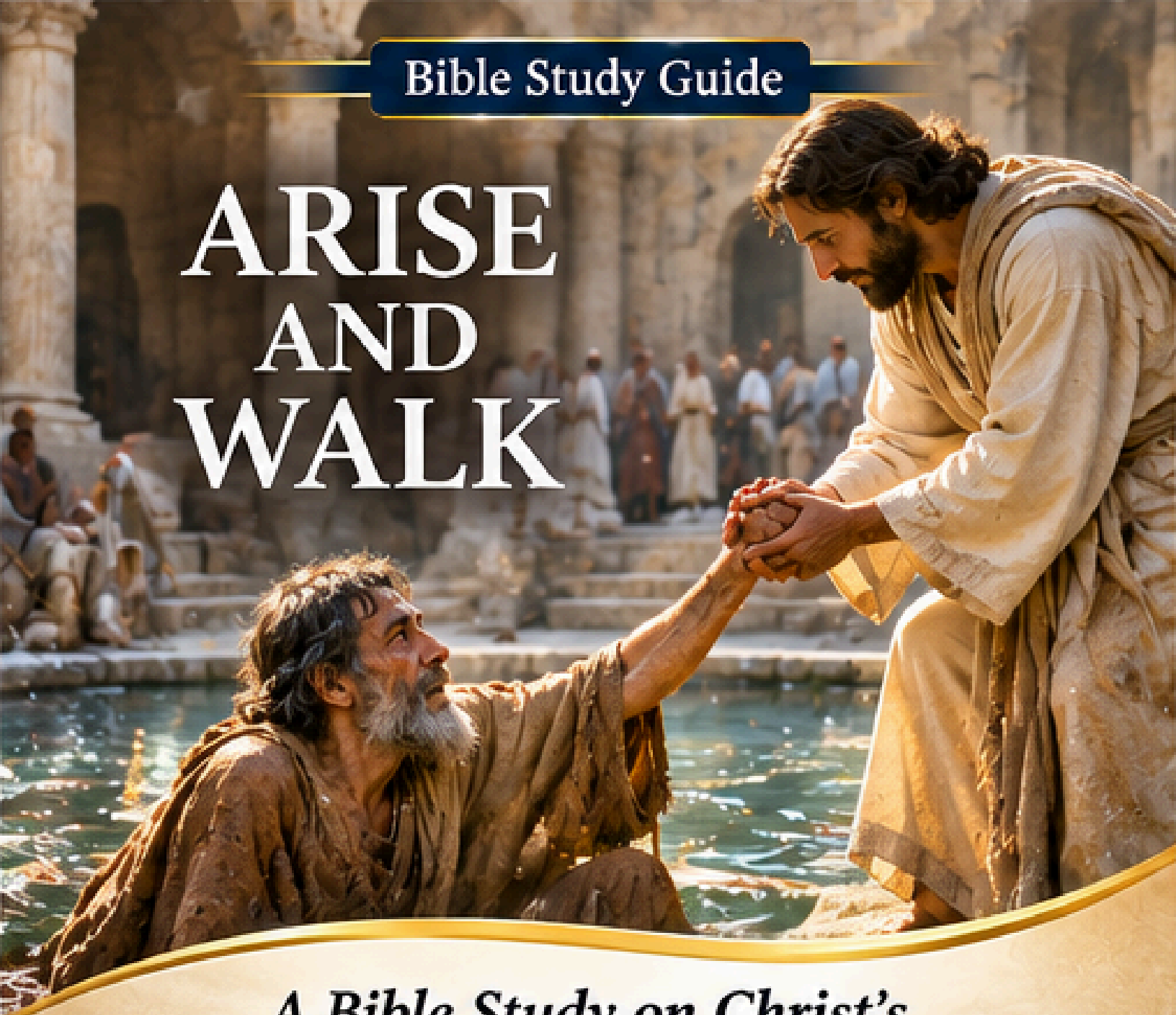
Bible Study Guide

ARISE AND WALK



A Bible Study on Christ's Power to Restore

Introduction

For thirty-eight years a man had suffered beside the pool of Bethesda. He waited for circumstances to change and for someone to help him reach the water. Then Jesus spoke: Rise, take up thy bed, and walk. The command seemed impossible, yet the power to obey came from the One who gave it. The same principle applies to the spiritual life.

Fill in the blanks from the KJV text, then read the brief explanation.

Bible Study Questions

1 **How are believers who live in the Spirit called to walk?** (Galatians 5:25)

"If we live in the Spirit, let us also _____."

The Christian walk proceeds from life in the Holy Spirit, not independent human strength.

2 **What kind of fruit does the Holy Spirit produce?** (Galatians 5:22-23)

"But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, _____:"

The Spirit produces a consistent character rather than a mere outward form of religion.

3 **How are those who claim to abide in Christ to walk?** (1 John 2:6)

"He that saith he abideth in him ought himself also so to walk, even as _____."

Christ's life is the standard and source of Christian conduct.

4 **What can the branches do apart from Christ?** (John 15:5)

"for without me ye can do _____."

The living connection with Christ supplies every spiritual fruit.

5 **Who works within us to will and to do?** (Philippians 2:13)

"For it is God which worketh in you both to _____ and to do of his good pleasure."

God supplies both the desire and strength for willing obedience.

6 **What did the sick man say he lacked when the water was troubled?** (John 5:7)

"The impotent man answered him, Sir, I have _____, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me."

He had looked to human assistance and circumstances; Jesus directed his confidence to Himself.

7 **Through whom can we face the duties God gives us?** (Philippians 4:13)

"I can do all things through _____ which strengtheneth me."

Paul's confidence in hardship came from Christ, not from unlimited human power.

8 **Whom does Jeremiah describe as unable to change themselves by natural effort?** (Jeremiah 13:23)

"Can the Ethiopian change his skin, or the leopard his spots? then may ye also do good, that are _____."

Habits of sin cannot be overcome by unaided willpower. The sinner needs the Creator's renewing grace.

9 **What new gift does God promise His people?** (Ezekiel 36:26)

"A new _____ also will I give you, and a new spirit will I put within you:"

God's remedy reaches deeper than behavior modification.

10 **What must not reign in our mortal bodies?** (Romans 6:12)

"Let not _____ therefore reign in your mortal body, that ye should obey it in the lusts thereof."

Grace breaks sin's mastery and calls us to submit to Christ.

11 **When was the man made whole after Christ commanded him to rise?** (John 5:8-9)

"Jesus saith unto him, Rise, take up thy bed, and walk. And _____ the man was made whole, and took up his bed, and walked..."

The power was in Christ's word. The man's obedient response expressed faith in that power.

12 **What happens when God speaks?** (Psalm 33:9)

"For he spake, and it was done; he commanded, and it stood _____."

The Creator's word is not powerless; it accomplishes His purposes.

13 **What authority did Jesus demonstrate by healing the man sick of the palsy?** (Matthew 9:5-6)

"... But that ye may know that the Son of man hath power on earth to _____, (then saith he to the sick of the palsy,) Arise, take up thy bed, and go unto thine house."

The One who has authority to forgive also has power to restore. Forgiveness is not permission to remain captive to sin.

14 **What does God promise when we confess our sins?** (1 John 1:9)

"he is faithful and just to forgive us our sins, and to _____ us from all unrighteousness."

God promises forgiveness and cleansing, not permission to remain in sin.

15 **What new way of living does baptism symbolize?** (Romans 6:4)

"even so we also should walk in _____."

Baptism by immersion expresses burial of the old life and resurrection with Christ.

16 **What should observers do when they see the good works of believers?** (Matthew 5:16)

"Let your light so shine before men, that they may see your good works, and _____ your Father which is in heaven."

The transformed walk is a testimony to the Father rather than a reason to boast in ourselves.

17 **How is the Father glorified in our lives?** (John 15:8)

"Herein is my Father glorified, that ye bear much _____; so shall ye be my disciples."

The fruit of abiding in Christ reveals His work to others.

18 **To whom should we look as we run the race of faith?** (Hebrews 12:2)

"Looking unto Jesus the author and _____ of our faith;"

Jesus begins and sustains the faith by which we live.

Appeal

Will you stop depending on your own efforts to change the heart and trust the power of Christ's Word to enable you to walk as He walked?

Commitment

I choose to trust the enabling power of Christ's Word and walk in obedience through His Spirit.

_____

Signature

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